FEBRUARY FOURTH WEEK NEWSLETTER

<u>**Quote of the week**</u> – Eric Hoffer is an American Philosopher who has many great quotes. This is one of his best –

"In times of change learners inherit the earth; while the learned find themselves beautifully equipped to deal with a world that no longer exists"

I love this. Never stop learning. When change comes, and it will, you will be ready. Stay in the same mindset, the same knowledge base and you will be unprepared for life's challenges. Knowledge is power...

<u>Song of the week –</u> This week's song has to be Something by George Harrison. Born on Feb 25th, he was of course one of The Beatles. This song is so good that Frank Sinatra called it the greatest love song ever. That's high praise! Here we go –

https://youtu.be/UelDrZ1aFeY?si=XDXhu2yR_pp_UJLu

<u>**Drink of the week**</u> – This drink has all the signs of a classic but was actually invented in the past few decades.

Realize that most classic drinks have been around for 50 plus years. It was originally called "the gin thing" but the creator said it needed a literary name. And so, The Fitzgerald was created. I'm surprised I haven't heard of it sooner, but here it is -

Ingredients

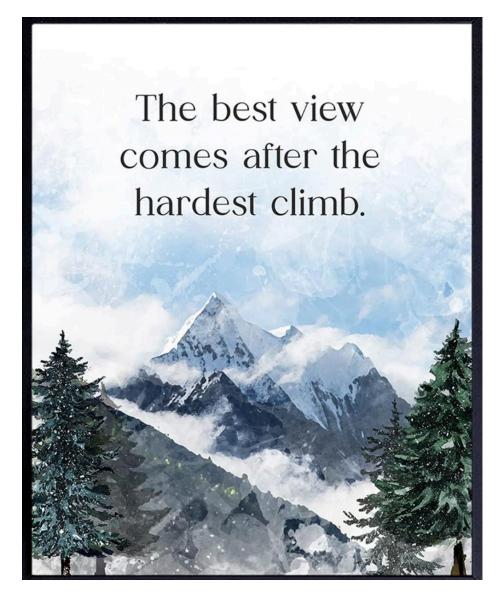
- 1 1/2 oz Dry Gin
- 1 oz Fresh Lemon Juice
- 1/2 oz Simple Syrup
- 2 dashes Angostura Bitters
- Ice
- 1 slice Lemon (Garnish)

Instructions

- 0. Add ice to Rocks Glass and set aside
- 0. Add gin, lemon juice, simple syrup, angostura bitters, and ice to cocktail shaker.
- 0. Shake well until all ingredients are fully mixed.
- 0. Strain over ice into rocks glass
- 0. Garnish with Lemon slice

Enjoy!





<u>Art of the week – This one is really cool.</u> I think I like it because it depicts a typical Sunday afternoon in Paris when people would dress up, drink, dance and eat well into the evening. It's full of life.

Renoir was a master of Impressionism. The colors are rich, almost surreal. It's from 1876 by Auguste Renoir and it's called Le Moulin de la Galette.

I hope you like as much as I do...



(As always, these are thumbnails due to the format so look it up and check it out on a larger scale)

<u>Bonus video of the week –</u> Damn, talk about following your dream and never giving up, this movie truly incapsulates this. Sean Astin has been in several great movies, but this is his best. Rudy will always be a source of inspiration for many. Haven't seen it? It goes on your list. I'm presenting the final scene so if you haven't seen it, spoiler alert.

https://youtu.be/ZI63g64kDgY?si=mSd4SepqykGIkVe8

Final thoughts- The past few weeks have been a little rough for me. I thought about keeping it to myself but that would be wrong because all of us go through tough times and sometimes we pretend that everything is fine. But that is not living your best life. Having inner strength to deal with life's challenges makes you better equipped to help not only yourself, but others. However, if you get into tough situations, reach out for help. There is no shame in asking. Shit happens and can happen hard. Having a healthy mental state is essential for life. So, if you find yourself struggling find someone to pull you through. They are there...you just have to ask

That's all for this week! I didn't mean to end on a serious note so, how about one more video?

https://youtu.be/gruBx-dU11w?si=OoPsomr7ZXLxIA2k

Ha, ha! Cliff Claven was always underrated!

Follow on Instagram at Top Shelf Luxury Lifestyle and check out my YouTube channel with the same name.

Don't forget to get your TSL cocktail glass on my website!

I also wanted to say thank you to all my subscribers, both here and on my YouTube channel. My hope is to help as many people as possible discover their passions and drives in life.

Life is meant to be enjoyed, not endured!

Don't hesitate to live the life you've always imagined! Cheers!